

# Instructions



Pull the sponge out of  
The little hole in the middle of the log

Do not remove the plastic wrap



This side up

Cut open the plastic like this >



Do not water the log yet. Wait for 4-5 days.

Recommended temperature: **60F**

Your log should look like this 📌 after 4-5 days of waiting



Start spraying water ~ and you will see baby mushrooms grow

You can leave the log up straight or lay it down



When the diameter reaches about 4 to 6cm, and the color begins to lighten, mushrooms are ready to be picked. Rotate and twist. Don't damage the surface of the stick but do clean up all the remnants of the roots, so that a second stubble can grow. You should also spray the log in the process of waiting for the second growth.

Ready to be picked 🙌



You don't need to keep the mushroom logs some where dark but please do NOT directly expose them to sunlight.

Enjoy your mushroom grow kit~